

# Pediatric/Adolescent Asthma Therapy Assessment Questionnaire

## IN-OFFICE VERSION

**Instructions:** Please have the parent or guardian complete this questionnaire.

Patient Name: \_\_\_\_\_ ID number \_\_\_\_\_ Today's Date: \_\_\_\_\_

- 1. In the past 4 weeks, did your child...**
- |   | Yes<br>▼                 | No<br>▼                  | Unsure<br>▼              |
|---|--------------------------|--------------------------|--------------------------|
| a) Have wheezing or difficulty breathing when exercising?.....  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b) Have wheezing during the day when <b>not</b> exercising? .....   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c) Wake up at night with wheezing or difficulty breathing? .....  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| d) Miss days of school because of his/her asthma? .....   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| e) Miss any daily activities (such as playing, going to a friend's house, .....<br>or any family activity) because of asthma? ..... | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**2. Does your child use an inhaler or nebulizer for quick relief from asthma symptoms?**

- Yes.....  →  
 No.....   
 Unsure.....

**(If yes) In the past 4 weeks, what was the greatest number of times in one day your child used this inhaler/nebulizer?**

- 0.....   
 1 to 2.....   
 3 to 4.....   
 5 to 6.....   
 Over 6.....

**(If yes) In the past 12 months, on days your child used an inhaler/nebulizer for quick relief, how many times a day did he or she usually use it?**

- 1 to 2.....   
 3 to 4.....   
 5 to 6.....   
 Over 6.....

**3. Has your child ever had a prescription for an asthma medicine that is NOT used for quick relief, but is used to control your child's asthma?**

- Yes.....  →  
 No.....   
 Unsure.....

**(If yes) What best describes how your child takes this medicine now?**

- Takes it every day.....   
 Takes it some days, but not other days.....   
 Used to take it, but now does not.....   
 Only takes it when having symptoms.....   
 Never took it.....

**4. Are you dissatisfied with any part of your child's current asthma treatment?**

- | Yes<br>▼                 | No<br>▼                  | Unsure<br>▼              |
|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**(If Yes or Unsure) What part of your child's current asthma treatment makes you dissatisfied?**

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**5. Do you believe...**

- |  | Yes<br>▼                 | No<br>▼                  | Unsure<br>▼              |
|--|--------------------------|--------------------------|--------------------------|
| a) Your child's asthma was well controlled in the past 4 weeks?.....         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b) Your child is able to take his/her asthma medicine(s) as directed?.....   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c) The medicine(s) your child takes are useful for controlling asthma? ..... | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**6. During this office visit, would you like the doctor to...**

- |   | Yes<br>▼                 | No<br>▼                  | Unsure<br>▼              |
|---|--------------------------|--------------------------|--------------------------|
| a) Discuss different types of drugs available to control asthma?.....       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b) Discuss with you and your child asthma treatment options?.....           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c) Discuss how your child prefers to take his/her asthma medicine(s)? ..... | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
- (such as by inhaler, tablet, liquid or nebulizer)